

Discerning Distractions

Dear Jesus,

I am so grateful to have this time with You. I seek your guidance and your wisdom in helping me to discern what your will is; and what part is my ego getting in the way? I trust when something is your will I will have a deep-seated peace about it. Then along comes another interesting opportunity. Could that also be your will or is it a carefully disguised distraction placed aluringly in front of me to keep me from fully pursuing your will? Please, Lord, help me to discern the two. Let me not be distracted and pull away from the time I have to pursue your will. Help me, Lord to focus on that which I am sure is your will and to resist the temptations of that which is meant to distract me.

The thing is to become aware that I am distracted, and then cast it out, claim victory in Jesus and reclaim your peace. I will trust that you are in all things, even the situation that is causing me to be distracted. It is a test of who do I turn to, you, Lord; or some aspect of the world? Let it always be you, Lord. I ask this in your name, Jesus. Amen.

Tamara O'Shea